

SG CONGKAK . LANGKAWI . MELAKA

SKYTREX

www.skytrex-adventure.com



*We bring out the best in your team
by taking them back to the nature!*



team
BUILDING

SG CONGKAK | LANGKAWI | MELAKA
by SKYTREX

COMMUNICATION SKILLS
SKYTREX
TEAM STRATEGY BRAVE
ADRENALINE **BUILDING** LEADERSHIP
FOREST ADVENTURE TOGETHER MOTIVATION
SCREAMZZ

SKYTREX provides an exciting high rope obstacles element in the program that makes the program highly impactful and exceptionally unique.





OBJECTIVE

The training aims to improve teamwork skills that will enhance the quality and productivity in the workplace. Participants will be trained on the principles of effective teamwork: team roles and profiling, effective communication, roles & responsibilities, problem solving, planning, engagement and goal oriented culture.

We are also able to customize additional programs through our collaborations with many other service providers to meet your organization's objectives and to achieve the best results for your company.

“If you don't know where you are going, you will probably end up somewhere else”

Training Modules

The program covers three (3) main area of teamwork skills; Planning, Problem Solving and Communication. Each of these skills is practised in the assignments and is discussed during the review and wrap up of the day.

Planning

The training will focus on how teams plan a challenge and improve the planning processes during their games. The group will discuss on how best to plan to achieve a goal set in the assignments.

Problem Solving

The training will focus on how teams handle problem solving processes and improve these processes during their games. The group will be given an assignment and will work as a team to solve the problem.

Communication

The training will focus on how teams communicate and improve communication during their games. The group will experience the common issues faced in communication at work place and learn the effective way to communicate in a team.

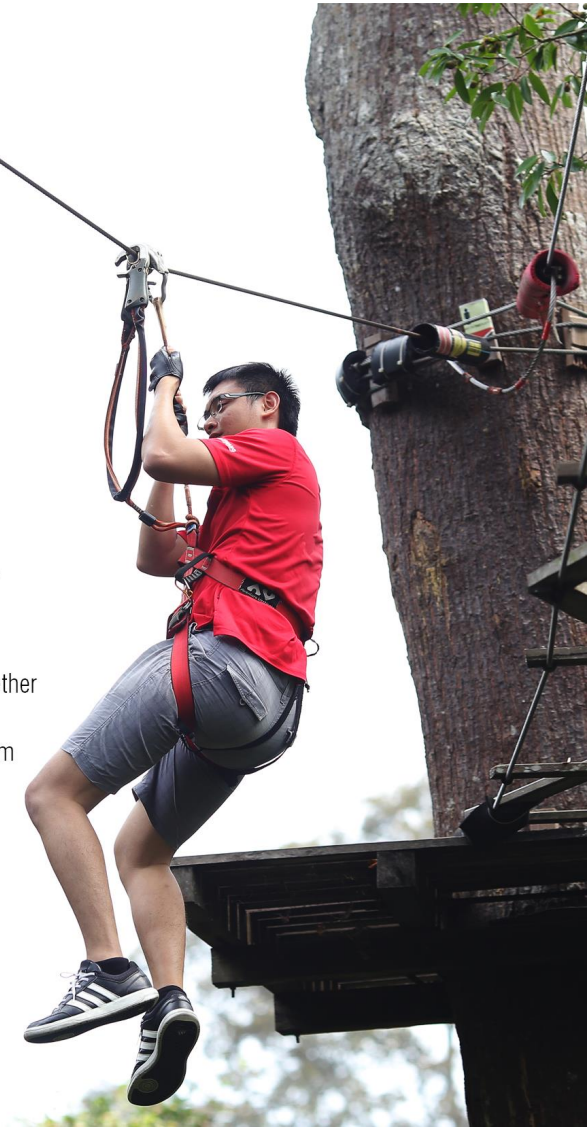
METHODOLOGY

The Outdoor Teambuilding trainings are based on experiential learning methods. Participants will be presented state of the art principles of effective teamwork and will be challenged to put these principles into action during several practical exercises during the day. Every exercise will be structured following the Plan-Do-Check-Act (PDCA) learning circle. After every exercise teams will reflect on their results, make adjustments to their strategies and set new goals for the next challenge.

OUTCOME

The participants will:

- Communicate better with each other.
- Function & work with better goal oriented
- Gain more trust as a team
- Understand the different team profiles
- Be aware of the most important principles of effective teamwork
- Be more effective in planning their work together
- Improve their problem solving skills as a team



SKYTREX

Team Building Package

RM231
per person

No SST applicable

- ★ Qualified Facilitators.
- ★ All-inclusive Skytrex high rope course activity (over 25 obstacles) including Instructors.
- ★ Three (3) team assignments & evaluation.
- ★ Final Wrap-up.
- ★ One breakfast & One Lunch.
- ★ Gloves for Skytrex activities.
- ★ Mineral Water (free flow) & water bottle holder rental.

- Terms and Conditions for participating in Skytrex high rope activity apply.
- All meals are provided buffet style and are halal and can be selected from the menu provided.
- Minimum number of pax required is 25.



Planning



Strategizing



Execution

PROGRAM

- 0900h Breakfast
- 0930h Introduction
- 1030h Assignment 1 - Duplication Game
 - ★ Communication
 - ★ Planning
 - ★ Team work
- 1200h Assignment 2 - High Rope Course (Intermediate Level)
 - ★ Team work
- 1400h Lunch
- 1430h Assignment 3 - Egg Protector
 - ★ Planning
 - ★ Problem Solving
- 1630h Debriefing and Wrap Up
- 1700h Departure

◀ This is a general example of the program itinerary for the day and may differ from one program to another. The timing will vary greatly depending on the number of participants. The participants may be divided into several groups which may be further divided into smaller teams to meet the activities' requirements. All groupings will be done in advance before the program.

Make your program more memorable with these exciting items to take home!

certificate of bravery
RM5
 per certificate
No SST applicable



aluminium bottle 750ml
RM25
 per bottle
No SST applicable



car sucker
RM15
 per piece
No SST applicable



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